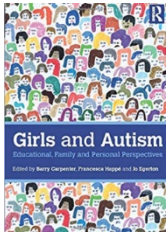


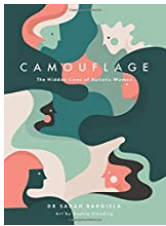


# Girls and Autism



## Girls and Autism (Carpenter, Happe et al)

As current research reveals a much more balanced male-to-female ratio in autism, this book provides crucial insight into autistic girls' experiences, helping professionals to recognize, understand, support and teach them effectively.



## Camouflage (Bargiela & Standing)

Autism in women and girls is still not widely understood, and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women, using real-life case studies.



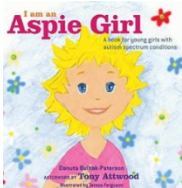
## M is for Autism (Lingsfield Grange)

M. That's what I'd like you to call me please. I'll tell you why later. Welcome to M's world. It's tipsy-turvy, sweet and sour, and the beast of anxiety lurks outside classrooms ready to pounce. M just wants to be like other teenagers her age who always know what to say and what to do. So why does it feel like she lives on a different plane of existence to everyone else?



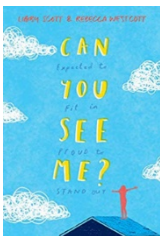
## What every autistic girl wishes her parents knew (Autism Women's Network)

In this first book release from the Autism Women's Network, the autistic contributors write with honesty and generosity about the emotional needs, sensitivity, and vibrancy of autistic girls.



## I am an Aspie Girl (Bulhak-Paterson)

Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.



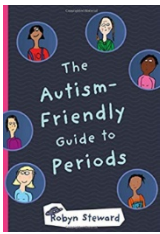
## Can you see me? (Scott and Westcott)

Tally is **ten years old** and she's **just** like her friends. Well, **sometimes** she is. If she tries **really hard** to be. Because there's something that makes Tally **not** the same as her friends. Something she can't cover up, no matter **how** hard she tries: Tally is **autistic**.



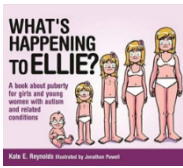
## The Girl who thought in pictures (Grandin)

When young Temple was diagnosed with autism, no one expected her to talk, let alone become one of the most powerful voices in modern science. Yet, the determined visual thinker did just that. Her unique mind allowed her to connect with animals in a special way, helping her invent ground breaking improvements for farms around the globe!

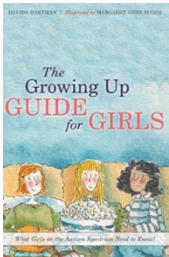


### The Autism-Friendly guide to periods (Seward)

Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey and a group of medical professionals, this is a book that teaches all people about periods, which can be a scary and overwhelming issue.



**What's happening to Ellie? (Reynolds)** Following Ellie as she begins to notice changes to her body, this simple resource helps parents and carers teach girls with autism and related conditions about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as periods.



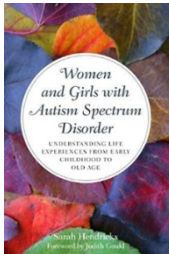
### The Growing up Guide for Girls (Hartman)

The Growing Up Guide for Girls is a one-stop guide for young girls on the autism spectrum explaining all they need to know about puberty and adolescence.



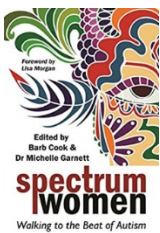
### The Independent Woman's handbook for super safe living on the autistic spectrum (Seward)

A personal reflection of life on the autistic spectrum addressing key issues of growing up and becoming an adult that may need a little more 'teaching' and support



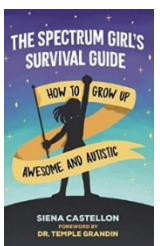
### Women and Girls with Autistic Spectrum Disorder (Hendrickx)

In this book Sarah Hendrickx has collected both academic research and personal stories about girls and women on the autism spectrum to present a picture of their feelings, thoughts and experiences at each stage of their lives. Outlining how autism presents differently and can hide itself in females and what the likely impact will be for them throughout their lifespan



### Spectrum Women: Walking to the beat of Autism (Cook & Garnett)

Barb Cook and 14 other autistic women describe life from a female autistic perspective, and present empowering, helpful and supportive insights from their personal experience for fellow autistic women. Michelle Garnett's comments validate and expand the experiences described from a clinician's perspective, and provide extensive recommendations.



### The Spectrum Girl's Survival Guide

"Never be ashamed of being different: it is this difference that makes you extraordinary and unique." This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life.