

# Theory of Mind

*Adapted from Geneva Centre for Autism (Brenda Smith Myles, Jack Southwick)*

## Theory of Mind

The ability to take another's perspective or "*put yourself in their shoes*"

### **Good theory of mind enables us to:**

Explain our own behaviours

Understand our emotions

Predict the behaviours or emotional state of others

Understand the perspectives of others

Infer the intentions of others

Understand that behaviours impact on how others think and feel

Understand joint attention and other social conventions

Differentiate between fact and fiction

## Strategies

Teach the concepts of feelings and Emotions

Teach that others have their own state of mind

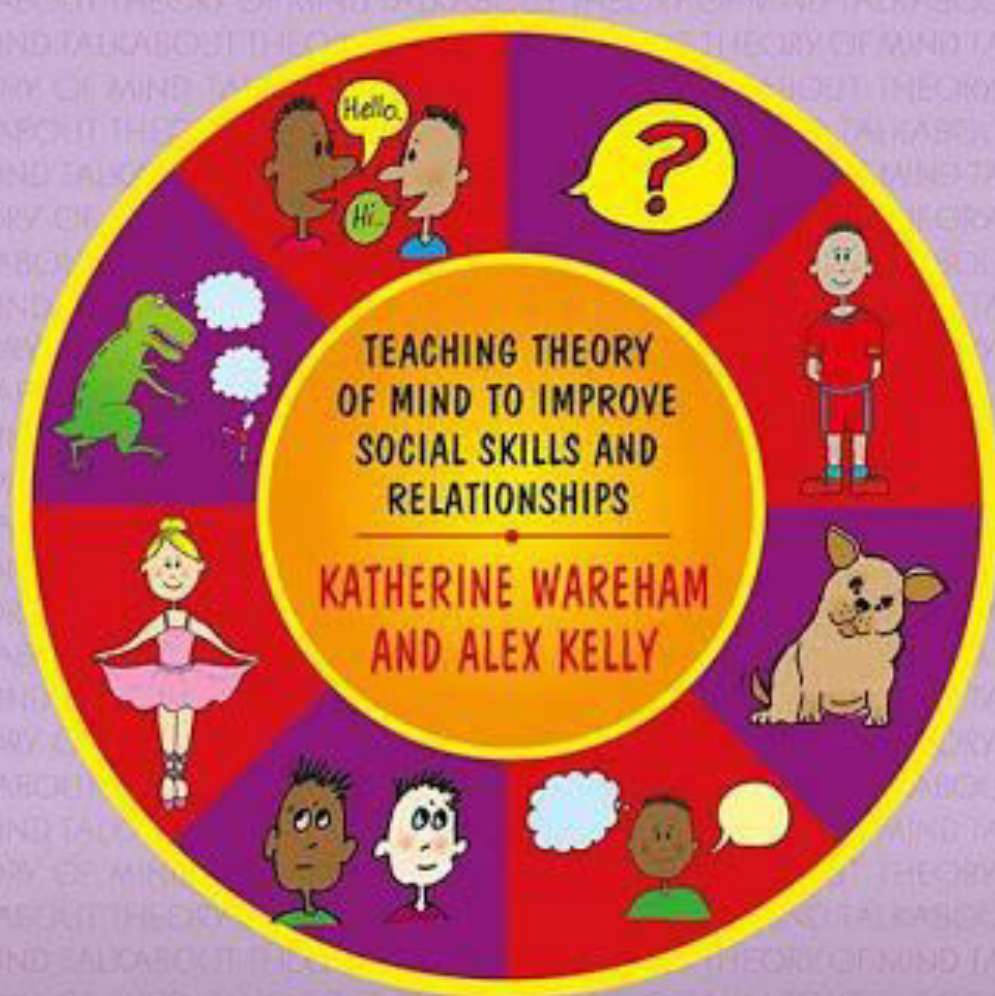
Teach about non-verbal cues

Review different perspectives

Role Play different social situations

Support abstract concepts with scripts and visual aids

# TALKABOUT THEORY OF MIND



A Speechmark Book

